

## **IRISH SAILING ASSOCIATION**

### **ANTI-DOPING POLICY**

Adopted by Resolution of the Board of the Irish Sailing Association  
(23<sup>rd</sup> February 2004)

*The Board of the Irish Sailing Association hereby resolves that the anti-doping rules of the Irish Sailing Association are the Irish Anti-Doping Rules as amended from time to time.*

#### **Doping**

Doping is contrary to the spirit of sport. The spirit of sport is the intrinsic value of sport. The spirit of sport is the celebration of the human spirit, body and mind, and is characterised, amongst other values, by ethics, fair play, honesty, health and respect for, and compliance with, the spirit and letter of rules and laws. The Irish Anti-doping programme seeks to preserve the spirit of sport. By virtue of their participation in yacht racing, sailors, including minors, agree to abide by the Anti-Doping Rules

#### **The World Anti-Doping Programme**

In November 1999, the World Anti-Doping Agency (“WADA”) was established as a Foundation under the initiative of the International Olympic Committee to promote and coordinate the fight against doping in sport internationally. On the 5th day of March 2003, at the World Conference on Doping in Sport, WADA adopted the World Anti-Doping Code (“the Code”). The Code is the first document to harmonise regulations regarding anti-doping across all sports and all countries of the world.

#### **Irish Sports Council and International Sailing Federation**

The Irish Anti-Doping Rules and the International Sailing Federation’s Anti-Doping Rules were developed under the WADA Code. From 1<sup>st</sup> January 2004 yacht racing is governed by the WADA Code, implemented internationally through ISAF and nationally through the Irish Sports Council.

#### **Why Two Codes?**

The Irish Sports Council, as the National Anti-Doping Agency, has responsibility for national-level testing, while ISAF fulfils the role of the International Federation for sailing. The core parts of both Codes are identical. They differ in regard to administrative matters such as test results management and hearing procedures.

The Codes, and other Anti-Doping information, can be found at:

Irish Anti-Doping Rules

<http://www.irishsportscouncil.ie/antidope.asp>

International Sailing Federation Anti-Doping Regulation

<http://www.sailing.org/medical/>